# Short bio



## ABOUT MÉLANIE

Mélanie Stafford is an Ottawa-based Franco-Ontarian registered social worker, consultant, facilitator, and educator. With more than 25 years of practice and learning in health and social services, she supports organizations and teams through meaningful change.

Her work spans sexual and reproductive health, community development, harm reduction, leadership, and popular education. She creates space for difficult conversations to be honest and kind, and brings stories, play, and laughter into learning.